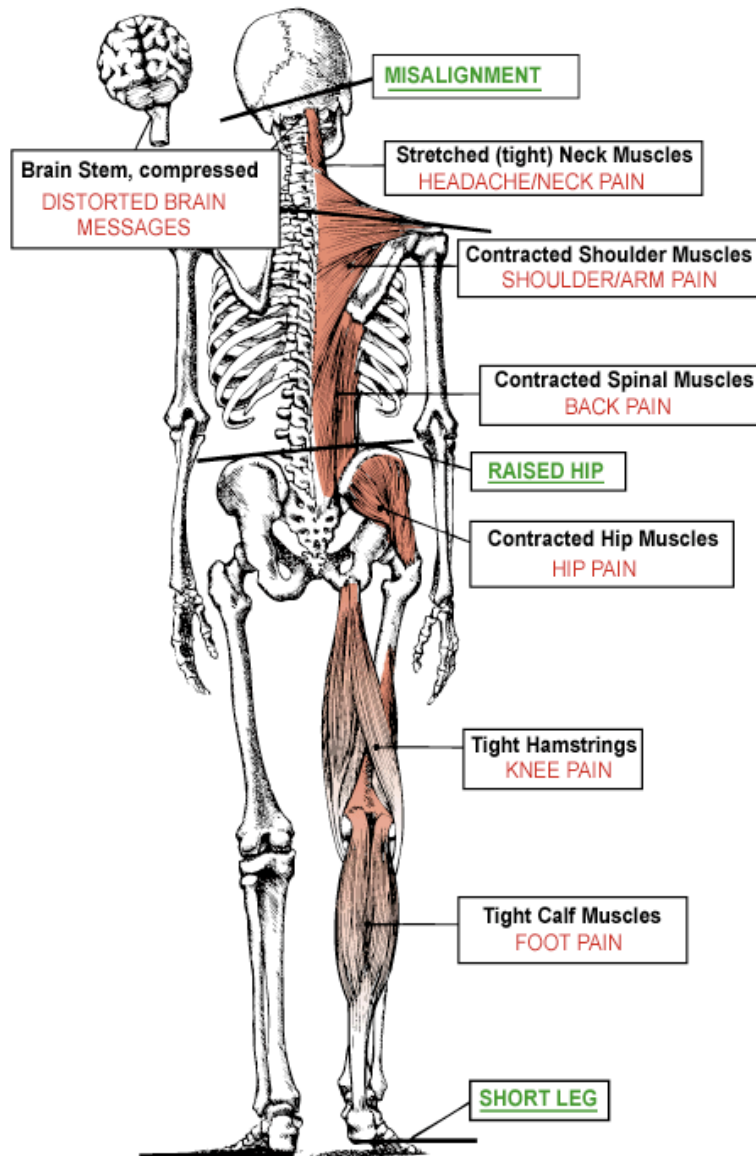


HOW IS BODY IMBALANCE DETERMINED?



Body imbalance for postural distortion can be determined a number of ways.

- * head tilt
- * restricted neck movement
- * low shoulder
- * abnormal spinal curvature
- * high hip
- * bilateral body weight difference
- * one leg shorter than the other
- * nerve heal graph

When the weight of the head (10-14 lbs.) is shifted off the center of the top of the neck, the body becomes imbalanced.

In the effort to keep the head over the center of the neck, the spine and pelvis will twist, causing one leg to shorten (body imbalance).

Body imbalance can cause headaches and pain in the neck, shoulder, back, hips, legs, knees or feet/ankles.

Muscle or joint pain, anywhere in the body, is an indication of body and spinal imbalance.